Health and Physical Education Department



Implementing this curriculum is the shared responsibility of parents, school, and community.

The goals of FLASH are to assist in the development of persons:

- Who are knowledgeable about human development of persons;
- Who respect and appreciate themselves, their families, and all persons,
- Who will neither exploit others nor allow themselves to be exploited.

We know that parents and families provide the most important Family Life education for their children.

FLASH Scope and Sequence – 10 Grade

Grade 10. [September]. FLASH Introduction – Climate Setting

Grade 10. [September]. Lesson 1 – Abstinence Day 1

Grade 10. [September]. Lesson 2: Abstinence Day 2

Grade 10. [September]. Lesson 3: Birth Control Methods Day 1

Grade 10.[October].Lesson 4 – Birth Control Methods Day 2

Grade 10. [October]. Lesson 5 – Preventing HIV and STDs Day 1

Grade 10. [October]. Lesson 6 – Preventing HIV and STDs Day 2

Grade 10. [November]. Lesson 7 – Condoms Day 1

Grade10. [November]. Lesson 8 – Condoms Day 2

Grade 10. [November]. Lesson 9 – Testing for HIV and STDs Day 1

Grade 10. [December]. Lesson 10 – Testing for HIV and STDs Day 2

Grade 10. [December]. Lesson 11 – Communication and Decisions Day 1

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Grade 10. [December]. Lesson 12 – Communication and Decisions Day 2
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Grade 10. [January]. Lesson 13 – Improving School Health Day 1

Grade 10. [January]. Lesson 14 – Improving School Health Day 2

Semester Break

FLASH Scope and Sequence – 10 Grade

Grade 10. [January]. FLASH Introduction – Climate Setting

Grade 10. [January]. Lesson 1 – Abstinence Day 1

Grade 10. [January]. Lesson 2: Abstinence Day 2

Grade 10. [January]. Lesson 3: Birth Control Methods Day 1

Grade 10. [February]. Lesson 4 – Birth Control Methods Day 2

Grade 10. [February]. Lesson 5 – Preventing HIV and STDs Day 1

Grade 10. [February]. Lesson 6 – Preventing HIV and STDs Day 2

Grade 10. [March]. Lesson 7 – Condoms Day 1

Grade 10. [March]. Lesson 8 – Condoms Day 2

Grade 10. [March]. Lesson 9 – Testing for HIV and STDs Day 1

Grade 10. [April]. Lesson 10 – Testing for HIV and STDs Day 2

Grade 10. [April]. Lesson 11 – Communication and Decisions Day 1

Grade 10. [April]. Lesson 12 – Communication and Decisions Day 2

Grade 10. [May]. Lesson 13 – Improving School Health Day 1

Grade 10. [May]. Lesson 14 – Improving School Health Day 2